

5<sup>th</sup> International Conference on  
**Advance Care Planning and  
End of Life Care**

9<sup>th</sup>–12<sup>th</sup> September 2015  
Munich, Germany

[www.acpel2015.org](http://www.acpel2015.org)



# ACP – Key to Patient-Centered Care



LUDWIG-  
MAXIMILIANS-  
UNIVERSITÄT  
MÜNCHEN

MEDIZINISCHE FAKULTÄT  
INSTITUT FÜR ETHIK, GESCHICHTE  
UND THEORIE DER MEDIZIN

## PROGRAMME

**Organiser:**

Institute for Ethics, History and Theory of Medicine  
Ludwig Maximilian University, Munich

In cooperation with:



DEUTSCHE GESELLSCHAFT  
FÜR PALLIATIVMEDIZIN



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## Supporters

We thank the following supporters for their financial  
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Gefördert durch:



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## ACPEL Conference 2017 in Vancouver!

The **6<sup>th</sup> International Conference on Advance Care Planning and End of Life Care (ACPEL)** is scheduled for **2017** and will take place in **Vancouver, Canada**.

Designated convenor is **Prof. Sara Davison**, Department of Medicine, University of Alberta.

All participants of the **5<sup>th</sup> ACPEL Conference in Munich** will be informed by email when more details become available.



## Welcome by the German Federal Minister of Health



Bundesregierung/Stephan Kugler

### Dear Conference Participants,

Allow me to extend a warm welcome to the **5<sup>th</sup> International Society of Advance Care Planning and End of Life Care Conference** that, for the first time, is being held in Germany. I

am glad that you, as leading scientists and practitioners from all around the world, have come together here to share the options and possibilities that hospice and palliative care are able to offer.

Terminally ill and dying persons need the certainty that they are not alone as their life draws to an end and that they are being well cared for and supported in every way.

Beyond providing pain relief and managing other symptoms, the focus of the many impressive services offered by the hospice and palliative care facilities throughout our country is also on meeting the emotional, spiritual and social needs of patients through a combination of medical, nursing, voluntary and spiritual care.

To ensure that everyone can rely on receiving this care and support when needed, we will continue to strengthen hospice and palliative care provision.

In recent years, we had made great strides in establishing and expanding outpatient specialist palliative care and strengthening outpatient hospice services. In July 2013 for instance, a forum for “Palliative and Hospice Care in Germany” was set up at the Federal Ministry of Health. In addition to networking the major actors, it is our aim to effectively integrate hospice culture and palliative care into clinical practice on the ground.

With our “Act to Enhance Hospice and Palliative Care in Germany” that the Cabinet adopted in April of this year, we have taken another major step towards strengthening palliative care and hospice culture in the places where people spend the end of their lives – be it at home, in nursing homes, or hospitals. Moreover, insured persons and their relatives will have the right to receive individual counselling and assistance from their health insurance fund in selecting and taking up palliative care and hospice care services.

In addition, we are creating the statutory basis for ensuring that nursing homes can organise and offer their residents advance care planning that will meet their individual and comprehensive medical, nursing, psychosocial and spiritual end-of-life care needs.

This is also the aim you have been pursuing with Advance Care Planning, a concept that, until now, has established itself mainly in the English-speaking countries. It seeks to provide broad access to information and guidance on how to plan for future and end-of-life care. This can help to reduce fears of helplessness, isolation or dying itself and enhance a person’s autonomy and quality of life in the last phase of her or his life.

In light of the foregoing, I am sure that this year’s International Society of Advance Care Planning and End of Life Care Conference, too, will drive and inspire the enhancement of patient-centered care.

I wish all of you an interesting conference, stimulating discussions and many new contacts. Furthermore, I wish to thank all of those who, this year as well, have spared no effort in making the **5<sup>th</sup> International Society of Advance Care Planning and End of Life Care Conference** a success. All of you are major contributors to ensuring that terminally ill people can be secure in the knowledge that they will not feel alone in the last phase of life.

*Hermann Gröhe*  
German Federal Minister of Health

## Welcome by the European Association for Palliative Care (EAPC) and the German Society for Palliative Medicine (DGP)

### Dear Colleagues,

On behalf of the European Association for Palliative Care (EAPC) I am delighted to welcome you to the 5<sup>th</sup> International Conference on Advanced Care Planning and End of Life Care (ACPEL) in the beautiful city of Munich.

As the newly-elected President of the EAPC I am delighted that the EAPC offers our support to this important conference. I am struck by the shared objectives of ACPEL and the EAPC, the promotion of excellence in the care of people near the end of life with an emphasis on providing high quality physical, psychosocial, emotional and spiritual care to all; this is at the heart of all we do in palliative care. I believe we have an important role in supporting and preparing patients and families to make important decisions at this critical time in their lives and planning those decisions in partnership with those who care for them personally and professionally.

### Dear Colleagues,

It is a great pleasure for us to welcome you to the 5<sup>th</sup> Conference of the International Society of Advance Care Planning and End of Life Care here in Munich.

Advance Care Planning (ACP) has a great importance for quality of care and safeguarding patient autonomy. ACP is in accordance with the aims of palliative care. Over the past years we developed and implemented the S3 – Guideline Palliative Medicine for Patients with Incurable Cancer that includes a chapter on ACP. This is the first time that ACP is part of our national guidelines.

We should think about ACP much earlier, and General Practitioners should discuss with their patients wishes and treatment preferences that will meet their individual and comprehensive medical, nursing, psychosocial and spiritual end-of-life care (EOLC) needs. Insufficient ACP may pose considerable challenges to those treating patients at the end of life (EOL). Palliative care is a multidisciplinary enterprise and we can gain much by our willingness to build bridges to those working in other health care areas. We hope that further implementation of ACP will help us to improve EOLC.

I would like to commend the organising committee on putting together such an interesting programme and I am sure that will result in debate and discussion around this important topic. I wish you well with your deliberations.

I also hope that some of you will also be at the European Association for Palliative Care Research Congress in Dublin (9<sup>th</sup>–11<sup>th</sup> June 2016). I look forward to seeing you there.



Best wishes

*Philip Larkin*  
EAPC President

We as DGP support the “Act to Improve Hospice and Palliative Care in Germany” which the German Federal Parliament is expected to adopt this year. This law will strengthen palliative care and hospice culture in the places where people spend the end of their lives, and create a basis for ensuring that nursing homes can organise and offer their residents ACP.

We look forward to meeting colleagues from all over the world, to discuss the development of broad access to ACP and to promote excellence in care for people near the EOL. The DGP will support and conduct the further development of ACP programs, and is eager to join you in an international united effort to improve access to high quality of EOLC supported by ACP.

Yours,



*Friedemann Nauck*  
Past President of the DGP



*Lukas Radbruch*  
President of the DGP

## Welcome by the Conference Co-Chairs

### Dear Colleagues,

Welcome to the 5<sup>th</sup> International Conference on Advance Care Planning and End of Life Care in Munich, Germany! We are delighted to host this global conference series for the first time on the European continent, and especially in Germany.

Advance care planning (ACP) as a means to promote patient-centred care continues to gain increasing attention in almost all medical fields and care settings. As an ongoing, life-long communication process facilitated by skilled personnel, ACP is an innovative, effective approach eventually ensuring that when patients are no longer able to make their own medical decisions their treatment wishes are known and honoured. Thus, ACP is a prime example of patient-centered care, of taking seriously patients' concerns, wishes and needs when making and planning treatment and care decisions. And perhaps ACP is even more than that: Clinicians and researchers deeply involved in ACP report that the spirit of ACP unfolds a proliferative effect into every day interactions with patients and their relatives and helps to anchor the crucial but too often neglected concept of patient-centered care deeply and irreversibly in our minds.

While ACP is already well developed and implemented in some (especially Anglo-American) regions of the world, it is still in its infancy or even unknown in other regions, including much of Europe. With the ACPEL2015-Conference, we aim to raise awareness of ACP, promote the exchange between experts and learners in ACP worldwide, provide a platform to

present the most current research findings, and spur future high-quality research in this area.

We proudly report that the conference has already attracted more than 300 participants from all over the world, from diverse disciplines and professions and various contexts of health care and health policy. Over 230 abstracts were submitted for the scientific program, covering a wide range of challenging issues in ACP research and implementation. We hope that you all will enjoy an inspiring conference full of new insights, new ideas for your own research or practice, and sustainable networking. Moreover, please take some time to visit some of the treasures that the booming and lively city of Munich, the capital of Bavaria, has to offer in the areas of culture, arts, architecture, and recreation.

Have a wonderful stay in Munich!



*Georg Marckmann*  
Chair, Local Organising  
Committee



*Jürgen in der Schmitzen*  
Chair, Scientific Committee

## Contact Information

### Organiser

#### **Institute for Ethics, History and Theory of Medicine**

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### Organisation / Registration

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### Conference Co-Chairs

#### **Prof. Dr. med. Georg Marckmann, MPH**

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## Scientific Committee

- Jürgen in der Schmitten (Chair), Germany
- Linda Briggs, USA
- Irwin Chung, Singapore
- Sara Davison, Canada
- Luc Deliens, Belgium
- Karen Detering, Australia
- Xavier Gómez-Batiste, Spain
- Mogens Grønvold, Denmark
- Bernard (Bud) J Hammes, USA
- Agnes van der Heide, Netherlands
- Bettina Husebø, Norway
- Tanja Krones, Switzerland
- Phil Larkin, Ireland
- Helen Mason, New Zealand
- Friedemann Nauck, Germany
- Signore Luciano Orsi, Italy
- Sabine Pleschberger, Austria
- Judith Rietjens, Netherlands
- William Silvester, Australia

## Local Organising Committee

- Georg Marckmann (Chair)
- Claudia Bausewein
- Orsolya Friedrich
- Marion Frobenius
- Monika Führer
- Ingmar Hornke
- Ralf Jox
- Katja Kühlmeyer
- Antje Lenkmann
- Julia Lotz
- Sabine Petri

14:00	<b>Parallel Pre-Conference Workshops</b> (Afternoon Tea provided)   <b>Room numbers available online and at registration desk</b>					14:00
	<p>IN GERMAN: Regionale / Institutionelle Implementierung eines ACP-Programms (Implementing an ACP program)</p> <p><i>Ralf Jox, Georg Marckmann</i></p>	<p>IN GERMAN: Qualifizierte Gesprächsbegleitung (Qualified facilitation)</p> <p><i>Friedemann Nauck, Jürgen in der Schmitt</i></p>	<p>Research on ACP and EOLC, Workshop I: Meet the Expert. Participants discuss their before submitted ACP research projects (for application or ongoing) in small groups</p> <p><i>Sara Davison, Luc Deliens, Susan Hickman, William Silvester,</i></p>	<p>Research on ACP and EOLC, Workshop II: The challenge of conducting Randomised Controlled Trials (RCTs) to study ACP effectiveness. Practical insights from 4 current RCTs.</p> <p><i>Trials presented by A van der Heide, M Tattersall, J Gillissen, and C Houben.</i></p> <p><i>Josephine Clayton, Carmen Houben</i></p>	<p>Implementing an ACP program – professional change management in large institutions or regions</p> <p><i>Linda Briggs, Bud Hammes, Daniel Johnson, John Maycroft</i></p>	
	<p>ACP – a practical concept for Family Practitioners?</p> <p><i>Joell Rhee, Nils Schneider</i></p>	<p>How to do ACP discussions - a practical approach to facilitator training</p> <p><i>Karen Detering, Sharon Neyland, Craig Sinclair</i></p>	<p>Following the plan - ethical and practical challenges of providing EOLC (based on participants' case reports)</p> <p><i>Charlie Corke, Tanja Krones, Peter Saul</i></p>	<p>Engaging consumers in the design of ACP services and resources</p> <p><i>Leigh Manson, Shona Muir, Rebecca Sudore</i></p>	<p>Discussing treatment options with a patient nearing the end of their life: A communications training program for junior medical staff</p> <p><i>Steve Philpot, Li Tan</i></p>	
17:00						17:00
17:30	<b>Opening Ceremony, Plenary and Panel</b>   <b>Große Aula</b>					17:30
	Supported by Munich Center for Neurosciences					
	Chairs: <i>Georg Marckmann, Jürgen in der Schmitt</i>					
17:30	<i>Arcis Cello Quartet, Munich</i>					17:30
17:40	<b>Welcome</b> , <i>Conference Co-Chairs</i>					17:40
17:45	<b>Welcome</b> , <i>William Silvester</i> , President, International Society for Advance Care Planning and End of Life Care (ACP)					17:45
17:50	<b>Welcome Address</b> , <i>Annette Widmann-Mauz</i> , Parliamentary State Secretary to the German Federal Minister of Health					17:50
18:00	<b>Welcome Address</b> , <i>Max Kaplan</i> , President, Bavarian Chamber of Physicians; Vice-President, German Medical Association					18:00
18:05	<b>ACP – Key to Patient-Centred Care</b> , <i>William Silvester</i>					18:05
18:25	<b>The Australian Government's leadership role in focusing on national promotion/awareness and in funding of ACP programs</b> , <i>Debbie Hurlbut (inquired)</i>					18:25
18:45	<b>ACP deployment – the New Zealand experience</b> , <i>Barry Snow</i>					18:45
19:05	<b>Short Break</b>					19:05
19:20	<b>ACP in Europe – what are we waiting for, what does it take? Short Statements and Panel Discussion</b> , <i>A van der Heide, C Henry, T Krones, P Larkin, S Rixen, W Silvester, B Snow, A Widmann-Mauz</i>					19:20
20:20	<i>Arcis Cello Quartet, Munich</i>					20:20
20:30	<b>Welcome Reception</b>   <b>Lichthof</b>					20:30
22:00						22:00

08:30	<b>Plenary 1: Incorporating ACP into health care systems – what can we learn from successful policies?   Große Aula</b>					08:30
	<i>Chair: William Silvester</i>					
08:30	<b>Welcome and organisational remarks, Conference Co-Chairs</b>					08:30
08:35	<b>Pragmatism in advance care planning: Implementing a national ACP programme in Singapore, Irwin Chung</b>					08:35
09:00	<b>The integration and scope of spread of ACP in the UK through the Gold Standards Framework Programmes In End of Life Care in all settings, Keri Thomas</b>					09:00
09:25	<b>Honoring Choices Wisconsin – steps towards a state-wide implementation, John Maycroft</b>					09:25
09:50	<b>Nationwide adoption of an ACP program by a large U.S. health provider (HMO), Daniel Johnson</b>					09:50
10:15	<b>Making ACP a regular part of national health care: lessons from leading US Health Providers, Helen Mason</b>					10:15
10:30	<b>Morning Tea / Exhibition / Posters</b>					10:30
11:00	<b>Themed Concurrent Sessions</b>					11:00
	<b>ACP concepts/research methods</b>	<b>Facilitation I</b>	<b>End-of-Life Care</b>	<b>Nursing homes</b>	<b>Workshop zum geplanten §132g SGB V</b>	
	<i>Chairs: Irwin Chung, Josie Dixon</i>	<i>Chairs: Bud Hammes, Barry Snow</i>	<i>Chairs: Luc Deliens, William Silvester</i>	<i>Chairs: Mandy Thorn, Keri Thomas</i>	<i>Chairs: J in der Schmitt, G Marckmann</i>	
11:00	<i>Martin Loucka</i> <b>Große Aula</b> What are the core components of ACP? A review of current approaches.	<i>Hillary Lum</i> <b>A021</b> How to effectively facilitate ACP group medical visits: Lessons from the field	<i>Allison Lovell</i> <b>A017</b> ACP in Palliative Care: A systematic literature review of the contextual factors influencing its uptake	<i>Meredith Blake</i> <b>A016</b> Promoting autonomy ? Bringing legal analysis to bear on the practical issues associated with ACP implementation	<b>Panel (in German):</b> <b>A014</b> 1. <i>Till-Christian Hiddemann</i> Referat Grundsatzfragen / GKV, Bundesministerium für Gesundheit Bonn/Berlin	11:00
11:15	<i>Aliya Kassam</i> <b>Große Aula</b> Using the Think Aloud Method to Evaluate Instrument Design for a New Survey of Patient Engagement with ACP	<i>Marie Young</i> <b>A021</b> The patient experience of the ACP process in Auckland, New Zealand	<i>Sarah Ziegler</i> <b>A017</b> Prevalence and trends of medical end-of-life decisions in German-speaking Switzerland	<i>Ronan O'Sullivan</i> <b>A016</b> Evaluating the systematic implementation of the "Let Me Decide" Programme in Long Term Care: A user's perspective.	2. <i>Barbara Kremers-Gerads</i> Seniorenhaus Lindenhof, Grevenbroich Pilotprojekt <i>beizeiten begleiten</i>	11:15
11:30	<i>Stephanie Anderson</i> <b>Große Aula</b> How Do We Know ACP Works ?	<i>Lisbeth Thoresen</i> <b>A021</b> Preparatory conversations in Norwegian nursing homes – Impressions and experiences	<i>Bernadette King</i> <b>A017</b> Measuring the quality of End of Life Care: expanding the focus of a standardised death screening tool from why a patient died to how well a patient died.	<i>Anouk Overbeek</i> <b>A016</b> A Cluster Randomized Controlled Trial on the Effects and Costs of ACP in Elderly Care	3. <i>Gerd Kukla</i> Spitzenverband der GKV, BUND Berlin	11:30
11:45	<i>Sara Davison</i> <b>Große Aula</b> How do healthcare systems evaluate ACP initiatives? Results from a systematic review	<i>Steffen Eychmüller</i> <b>A021</b> "SENS" framework to structure Advance Care Planning – strengthening patient professionals partnership	<i>Netta Bentur</i> <b>A017</b> The Quality of End-of-Life Care for Older Persons with Advanced Dementia Living in the Community	<i>Tanja Frank</i> <b>A016</b> Long term experience with implementation of advance care plans for palliative geriatric patients in nursing homes	4. <i>N.N.</i> kirchliche Träger der Pflegeeinrichtungen	11:45
12:00	<i>Stef Groenewoud</i> <b>Große Aula</b> Does ACP in End of Life Care in Limburg increase experienced quality of care, death and dying and decrease unnecessary health care usage?	<i>Thomas Harter</i> <b>A021</b> Beyond the Basics: A comparison of cost and resource utilization between basic and disease specific ACP	<i>Diane Portman</i> <b>A017</b> The value of ACP in cancer critical care.	<i>Thomas Otten</i> <b>A016</b> Impact of an ACP program on the conformity of medical treatment at the end of life with nursing home residents' preferences: a controlled interview survey of bereaved family members	5. <i>N.N.</i> kommunale Träger der Pflegeeinrichtungen	12:00
12:15		<i>Brittney Lee</i> <b>A021</b> Does Quality of Facilitator Communication Influence Ratings of Satisfaction with Family CEntered (FACE) ACP for Adolescents Living with HIV?	<i>Stephanie Johnson</i> <b>A017</b> ACP for cancer patients: preliminary results of an Australian RCT	<i>Trygve J. Lereim Sævareid</i> <b>A016</b> Developing, implementing and evaluating ACP in Norwegian nursing homes (NHs) – a mixed methods study	6. <i>Prof. Dr. med. Friedemann Nauck</i> Past President der Deutschen Gesellschaft für Palliativmedizin; Palliativmedizin, Universitätsklinik Göttingen	12:15
12:30	<b>Lunch / Exhibition / Posters</b>					12:30
13:30						13:30



13:30	<b>Plenary 2: ACP meets money – health economic considerations   Große Aula</b>					13:30
	Chair: <i>Barry Snow</i>					
13:30	<b>What do we know about the economic case?</b> <i>Josie Dixon</i>					13:30
13:45	<b>Embedding ACP in a national EOLC-plan: How the NHS calculates the benefits,</b> <i>Claire Henry</i>					13:45
14:00	<b>The economic impact of ACP on a regional health care system: What do we know after some 25 years?</b> <i>Bud Hammes</i>					14:00
14:15	<b>Panel Discussion / Q &amp; A</b>					14:15
14:45	<b>Afternoon Tea / Exhibition / Posters</b>					14:45
15:15	<b>Themed Concurrent Sessions 2</b>					15:15
	<b>(Regional) Implementation</b>	<b>Facilitation II (Decision aids)</b>	<b>Cultural issues</b>	<b>Principal issues</b>	<b>Primary care/elderly/dementia</b>	
	<b>Chairs:</b> <i>Claire Henry, John Maycroft</i>	<b>Chairs:</b> <i>Linda Briggs, Friedemann Nauck</i>	<b>Chairs:</b> <i>Agnes van der Heide, Leigh Manson</i>	<b>Chairs:</b> <i>Rebecca Sudore, Tanja Krones</i>	<b>Chairs:</b> <i>Jane Seymour, Sabine Pleschberger</i>	
15:15	<i>Ruth Horn</i> <b>Große Aula</b> Between patient autonomy and physicians' responsibility to save life: The implementation of advance decisions in England, France, and Germany	<i>Jingfen Lim</i> <b>A021</b> Effectiveness of an ACP advocates' training programme in improving healthcare professionals' perceptions towards ACP.	<i>Aya Seike</i> <b>A017</b> Bioethics for Decision Support on End-of-Life Care in Japan.	<i>Katharina Leitner</i> <b>A016</b> "Between autonomy and paternalism – self-determination in End of Life Care"	<i>Louise Bramley</i> <b>A014</b> Living with frailty : Implications for the conceptualisation of ACP	15:15
15:30	<i>Maria Habicher</i> <b>Große Aula</b> Implementing advanced care planning and advance directives in South Tyrol, Italy: A preliminary report	<i>Carla Arkless</i> <b>A021</b> Reflections on becoming a facilitator and a facilitator trainer for the New Zealand 2½ day ACP communication skills courses	<i>Anne-Marie Fabri</i> <b>A017</b> What can be learned from hospital interpreters about cultural issues relevant to ACP and end-of-life issues?	<i>Mathijs van Wijmen</i> <b>A016</b> Stability of end-of-life treatment preferences of owners of an advance directive over a 4.5-year period	<i>Marcus Sellars</i> <b>A014</b> Preferences for end-of-life care and ACP in the event of dementia: a nationwide survey of older Australians	15:30
15:45	<i>Javier Judez</i> <b>Große Aula</b> Narrative cases as a tool for reshaping ACP in Spain. "KAYRÓS-Conversaciones que ayudan" web and training experience.	<i>Catherine Davidson</i> <b>A021</b> Getting to the heart of it : Understanding interests and working with emotions in ACP	<i>Scott Fraser</i> <b>A017</b> Conversing across the cultural divide – ACP with Culturally and Linguistically Diverse (CALD) patients	<i>Settimio Monteverde</i> <b>A016</b> Complex or wrong? A taxonomy of addressing ethical issues when implementing advance directives within clinical ethics and ACP training	<i>Yvonne Engels</i> <b>A014</b> Training general practitioners in early identification and early palliative care planning: a randomized controlled trial	15:45
16:00	<i>Kim Jameson</i> <b>Große Aula</b> Multi-Level Barriers to ACP: Perspectives of Healthcare Providers, Patients and Families	<i>Kurt Schmidt</i> <b>A021</b> Movie Clips as Facilitators in the Process of ACP	<i>Tanya Zivkovic</i> <b>A017</b> Last rights? Supporting end-of-life care in a culturally diverse society	<i>Rebecca Sudore</i> <b>A016</b> "I don't want to make my own decisions": decision control preferences among diverse older adults, ACP, and satisfaction with communication	<i>Craig Sinclair</i> <b>A014</b> Factors influencing GPs clinical judgements about initiating ACP: An experimental vignette study of Australian GPs.	16:00
16:15	<i>Jackie Kearney</i> <b>Große Aula</b> Have the conversation – implementing a statewide ACP strategy	<i>Petra Grendarova</i> <b>A021</b> Advanced Cancer Patients' Perspectives on a Video Decision Support Aid used to Enhance Goals of Care Discussions	<i>Fariba Taleghani</i> <b>A017</b> Necessity of spiritual care for end-stage cancer patients and their families in Iran: From the analysis of practice in a home-visit organization in Isfahan	<i>Carola Seifart</i> <b>A016</b> Catching the elephant in the room: Patient's preferences for initiation and timing of end of life discussions	<i>Deborah Lawson</i> <b>A014</b> ACP education: supporting rural and regional General Practitioners	16:15
16:30	<i>Jane Goodwin</i> <b>Große Aula</b> Integration of ACP in larger health care structures in Canterbury, New Zealand	<i>Clare O'Callaghan</i> <b>A021</b> "A useful icebreaker" or "jumping the gun": Examining the usefulness of the vignette technique in cancer specific ACP		<i>Hansjakob Fries</i> <b>A016</b> Talking about death – should it be obligatory?	<i>Kristian Pollock</i> <b>A014</b> Patient Responses to ACP in Community Health Care Settings	16:30
16:45	<b>Short Break</b>					16:45
17:00	<b>ACPEL Biannual General Meeting   Große Aula</b>					17:00
19:00	Evening at the delegates' free disposal.					19:00

# Friday, 11 September 2015 – Morning Sessions

Registration 07:30 – 18:30

5<sup>th</sup> International Conference on  
Advance Care Planning and End of Life Care

08:30	<b>Plenary 3: Current and future challenges of improving EOLC by means of ACP   Große Aula</b>					08:30
	Chairs: Friedemann Nauck, Sabine Pleschberger					
08:30	<b>Good palliative care – still a challenge with an advance care plan in place? Luc Deliens</b>					08:30
09:00	<b>Challenges of intercultural translation of ACP concepts, Agnes van der Heide</b>					09:00
09:30	<b>Challenges of EOLC and following advance care plans in Critical Care Medicine, Jean-Louis Vincent</b>					09:30
10:00	<b>Beyond planning for incompetency: ACP with the frail elderly considering different professional perspectives, Jane Seymour</b>					10:00
10:30	<b>Morning Tea / Exhibition / Posters</b>					10:30
11:00	<b>Concurrent Panel Sessions 1: Patient-specific challenges of ACP</b>					11:00
	<b>Dementia/Geriatrics</b>	<b>Oncology</b>	<b>Pediatrics</b>	<b>Mental Health</b>	<b>Chronic Organ Failure</b>	
	Chairs: Karen H. Dening, Jane Seymour	Chairs: Judith Rietjens, Michael Hallek (inqu.)	Chairs: Linda Briggs, Monika Führer	Chairs: Claire Hendersen, Katja Köhlmeyer	Chairs: Sara Davison, Ralf Jox	
11:00	Karen Harrison Dening <b>Große Aula</b> ACP in dementia: Understanding the preferences of people with dementia and their family carers	Judith A.C. Rietjens <b>A021</b> ACP in patients with oncologic disease: an introduction	Linda Briggs <b>A017</b> Honoring the hopes of parents with children with life-limiting conditions	Johannes Hamann <b>A016</b> Adapting Shared Decision-Making to Severe Mental Illness	Carmen Houben <b>A014</b> ACP in patients with chronic obstructive pulmonary disease (COPD)	11:00
11:15	Carla Arkless <b>Große Aula</b> Incorporating ACP into the care of residents in a dementia unit	Ida J. Korfage <b>A021</b> First results from the ACTION study	Julia Lotz <b>A017</b> ACP in children and adolescents with life-limiting illnesses – A needs assessment in parents and health care professionals	Katja Köhlmeyer <b>A016</b> Preferences for ACP: A qualitative study with former mental health service users	Carmen Houben <b>A014</b> Stability of willingness to accept life-sustaining treatments of patients with advanced chronic organ failure during one year	11:15
11:30	Scott A. Fraser <b>Große Aula</b> Not Competent But Not Silent - A Pilot Study of ACP With Dementia Patients	Jan Schildmann <b>A021</b> Effects of ACP in patients with cancer - results from a systematic review	Maureen Lyon <b>A017</b> The Feasibility, Acceptance and Satisfaction of Adolescents with HIV and their Families with ACP Conversations	Katrin Radenbach <b>A016</b> Implementing a joint crisis plan into psychiatric practice – first experiences	Josephine Clayton <b>A014</b> Current practice and barriers to ACP in the Australian and New Zealand nephrology setting: a national survey	11:30
11:45	Deirdre Fetherstonhaugh <b>Große Aula</b> Making decisions on behalf of people with dementia : how do proxies do it?	Natasha Michael <b>A021</b> Respecting cancer patients' and caregivers' choice to actualise, relinquish or reject advance care planning	Jenny Hynson <b>A017</b> Triggers, Tools and “tips for talking” about ACP in paediatrics	Claire Henderson <b>A016</b> Randomised controlled trial of joint crisis plans to reduce compulsory treatment for people with psychosis: clinical outcomes and implementation	Iñaki Saralegui <b>A014</b> What is most important to the patient with End-Stage Renal Disease?	11:45
12:00	Deirdre Shanagher <b>Große Aula</b> Dying to Talk - Facilitating discussions on future and end-of-life care with people who have dementia.	Stephanie Johnson <b>A021</b> Conducting an advance care planning randomised trial for incurable cancer patients: an Australian experience	Allison L. Kimmel <b>A017</b> Advance care planning and decisional conflict in adolescents with HIV	Michaela Amering <b>A016</b> Psychiatric Advance Directives as part of a rights-based approach to Recovery	Martin Denvir <b>A014</b> Phase 2 randomised controlled trial of future care planning in patients with advanced heart disease	12:00
12:15	Kevin Brazil <b>Große Aula</b> The Views of General Practitioners on Advance Care Planning for Patients Living with Dementia	Monica Fliedner <b>A021</b> Recruitment of cancer patients into clinical trials on Advance Care Planning in Palliative Care – why is it so hard?	Jess Jamieson <b>A017</b> Allow Natural Death / Te Wa Aroha - Advanced Care Planning in Paediatric Palliative Care		Gian Domenico Borasio <b>A014</b> ACP in patients with neurodegenerative diseases	12:15
12:30	Panel: All above speakers	Panel: All above speakers	Panel: All above speakers	Panel: All above speakers	Panel: All above speakers	12:30
13:00	<b>Lunch / Exhibition / Posters</b>					13:00
14:00						14:00

# Friday, 11 September 2015 – Afternoon Sessions

Registration 07:30 – 18:30

5<sup>th</sup> International Conference on  
Advance Care Planning and End of Life Care

14:00 Concurrent Panel Sessions 2: Setting-specific ACP – strengths and challenges 14:00				
Regions	Nursing Homes	EXTRA: Legal & Policy Issues	Hospital	Primary Care
<b>Chairs:</b> Bud Hammes, Daniel Johnson	<b>Chairs:</b> Susan Hickman, Lieve Van den Block	<b>Chairs:</b> Bianka Dörr, Konrad Fassbender	<b>Chairs:</b> Karen Detering, Tanja Krones	<b>Chairs:</b> Joel Rhee, Scott Murray
14:00 <i>Eileen Hanson</i> <b>Große Aula</b> Collective Impact ACP: Educating, Empowering, and Inspiring a Region	<i>Susan Hickman</i> <b>A021</b> Systematic Advance Care Planning in the Nursing Home: Preliminary Outcomes from the OPTIMIS-TIC Demonstration Project	<i>Gina Bravo</i> <b>A017</b> Promoting research advance directives in a general elderly population: Effect on completion rate and proxies' predictive ability	<i>Karen Detering</i> <b>A016</b> Advance care planning in an Australian hospital - more than a decade of experience	<i>Joel Rhee</i> <b>A014</b> The role of primary care in ACP
14:15 <i>Stephanie C. Anderson</i> <b>Große Aula</b> Lessons from transferring Respecting Choices to other places in the U.S.	<i>Mandy Thorn</i> <b>A021</b> Importance of ACP in Caring for Dementia Patients at the End of Life in a single Care Home	<i>Konrad Fassbender</i> <b>A017</b> Integrating Advance Care Planning into Legal Practice : Development of an ACP Legal Toolkit	<i>Tanja Krones</i> <b>A016</b> ACP, a fundamental cultural novelty: lessons from the MAPS-Trial	<i>Scott Murray</i> <b>A014</b> Developing a computerised search to help UK General Practices identify more patients for advance care planning: a feasibility study
14:30 <i>Leigh Manson</i> <b>Große Aula</b> Northern Region Health Care Plan – New Zealand	<i>Lieve Van den Block</i> <b>A021</b> Integrating palliative care and advance care planning in nursing homes in Europe : current state of affairs (EU FP7 PACE)	<i>Bianka Dörr</i> <b>A017</b> Advance Directives by Surrogate Decision Makers for Incapacitated Patients – Legal Aspects	<i>Suck Lan Cindy Lau</i> <b>A016</b> Advance Care Planning for Patients Hospitalised for Heart Failure in a Multiethnic South East Asian Cohort	<i>Luc Deliens</i> <b>A014</b> How do general practitioners conceptualise advance care planning in their practice? A qualitative study
14:45 <i>Daniel Johnson</i> <b>Große Aula</b> Introducing an ACP program in Colorado: the Kaiser Permanente experience	<i>Bettina Husebø</i> <b>A021</b> The COSMOS study. Improving the quality of life in nursing home patients: an effectiveness-implementation randomized clinical hybrid trial (2013-2017)	<i>Tom Hayes</i> <b>A017</b> Legal Factors Militating Against the Uptake of Advance Decisions to Refuse Medical Treatment		<i>Jill Mann</i> <b>A014</b> Effective community implementation of Advance Care Planning
15:00 Panel: All above speakers	Panel: All above speakers	Panel: All above speakers	Panel: All above speakers	Panel: All above speakers

## Afternoon Tea & Informal Poster Walk

Authors are requested to kindly remain near their posters so they can be individually addressed

16:00 Poster Walk (in 12 themed groups, presentation of up to 10 posters out of a themed cluster, selected by the chair) 16:00				
Poster Group 1 <b>Chair:</b> Lieve van den Block	Poster Group 2 <b>Chair:</b> Josephine Clayton	Poster Group 3 <b>Chair:</b> Karen Detering	Poster Group 4 <b>Chair:</b> Susan Hickman	Poster Group 5 <b>Chair:</b> Carmen Houben
Poster Group 6 <b>Chair:</b> Karen Harrison Dening	Poster Group 7 <b>Chair:</b> Ida Kortage	Poster Group 8 <b>Chair:</b> Julia Lotz	Poster Group 9 <b>Chair:</b> Natasha Michael	Poster Group 10 <b>Chair:</b> Shona Muir
Poster Group 11 <b>Chair:</b> Joel Rhee	Poster Group 12 <b>Chair:</b> Judith Rietjens			

## Short Break

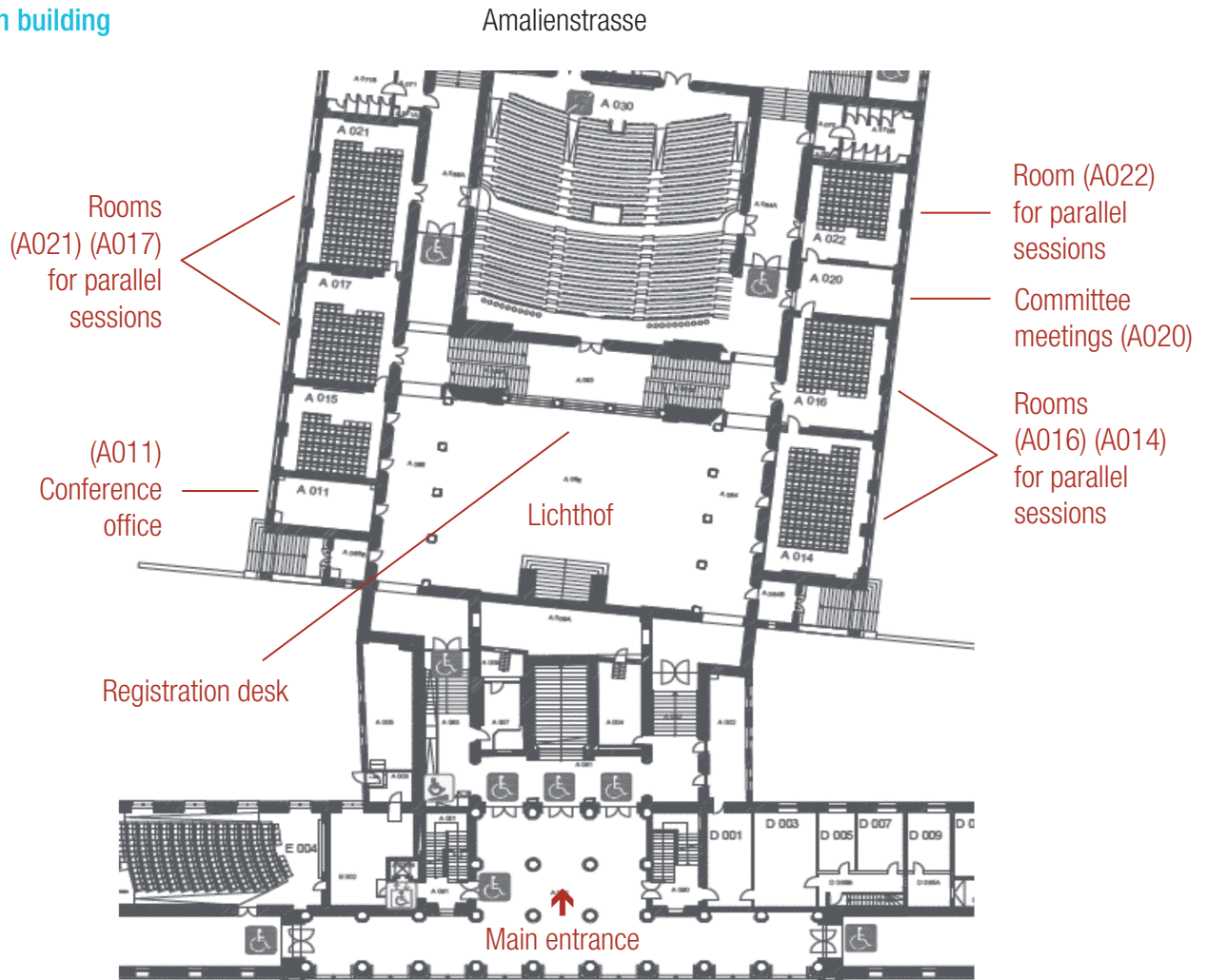
17:00 Hypothetical   Große Aula 17:00				
18:00 <b>Chair:</b> Peter Saul; with I Chung, S Davison, T Krones, P Larkin, W Silvester, JL Vincent				

19:30 Conference Dinner   Münchner Künstlerhaus 19:30				
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22:30 22:30				
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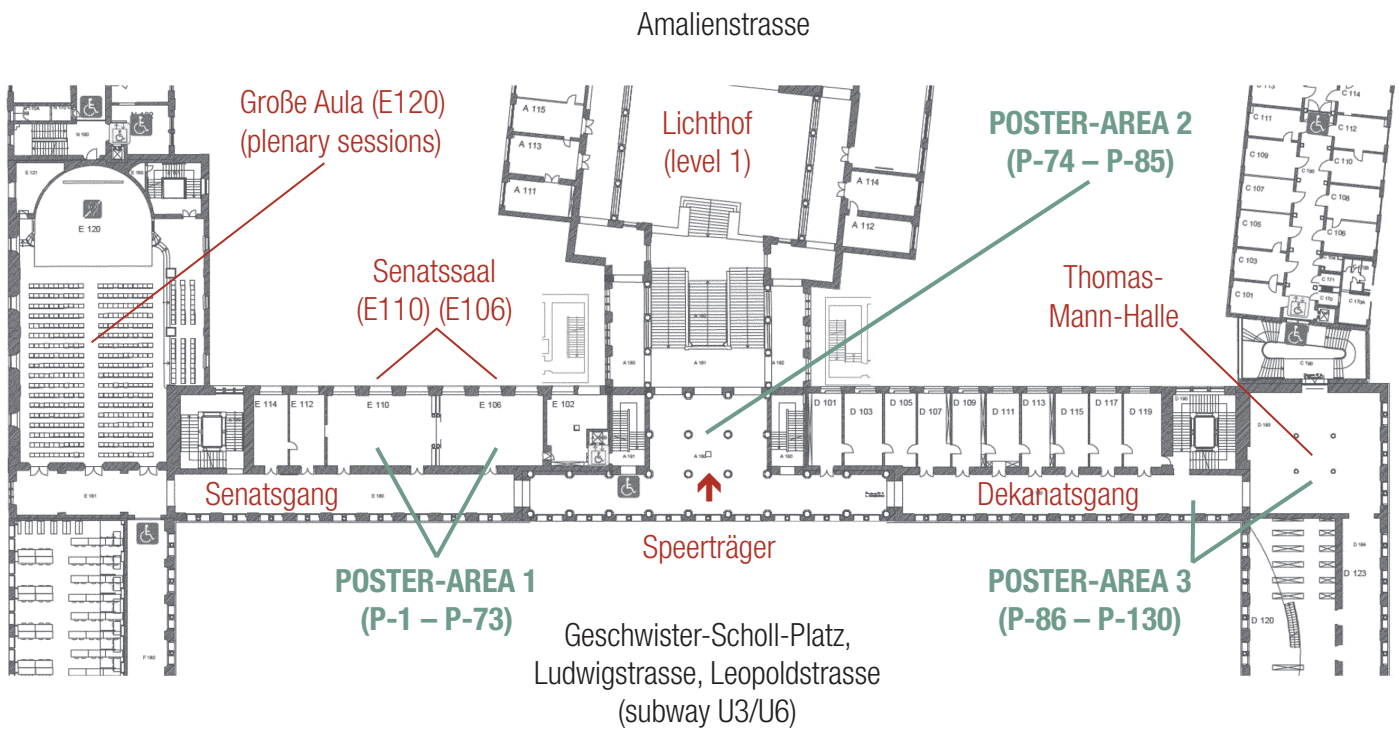
08:30	<b>Keynote: ACP – How well do advance care plans reflect patient preferences?</b> <i>Susan Hickman</i>												08:30	
09:00	<b>Invited Workshops</b>												09:00	
	<i>Charly Corke</i>	<b>Große Aula</b>	<i>Jill Mann Joel Rhee Kirsty Yates</i>	<b>A022</b>	<i>Linda Briggs Bud Hammes</i>	<b>A021</b>	<i>Georg Marckmann Jürgen in der Schmitten</i>	<b>A017</b>	<i>Leigh Manson Shona Muir Rebecca Sudore</i>	<b>A016</b>	<i>Stephanie C. Anderson Sanders F. Burstein</i>	<b>A015</b>	<i>Dan Johnson Patricia Tadel</i>	<b>A014</b>
	Effectively Eliciting Preferences for EOLC		Collaboration between health services, ACP program coordinators, facilitators, and GPs in the development of a regional ACP program: experiences from Geelong and Sydney		The Role of the ACP Facilitator: The importance of achieving and maintaining competence		Creating optimal forms to document the ACP process: ADs, ADs by proxy, and POLST-equivalents		Engaging consumers in the design of Advance Care Planning services and resources		Discovering the Power of an ACP Conversation		ACP in Palliative Care	
10:30	<b>Morning Tea / Exhibition / Posters</b>												10:30	
11:00	<b>Plenary 4: Quality, Evaluation and Research   Große Aula</b>												11:00	
	<b>Chair:</b> <i>Agnes van der Heide</i>													
11:00	<b>What constitutes ACP? Approaching an operational definition of ACP,</b> <i>Jürgen in der Schmitten</i>												11:00	
11:12	<b>White Paper defining optimal ACP,</b> <i>Judith A. C. Rietjens</i>												11:12	
11:24	<b>Making the Case for ACP Facilitator Certification Standards,</b> <i>Linda Briggs</i>												11:24	
11:36	<b>What maintenance does an ACP program need in order to be / remain of continual high quality?</b> <i>Bud Hammes</i>												11:36	
11:48	<b>How do we measure successful ACP?</b> <i>Rebecca Sudore</i>												11:48	
12:00	<b>Panel: Quality Issues – questions and suggestions from the audience,</b> <i>all of the above</i>												12:00	
12:30	<b>Outlook   Große Aula</b>												12:30	
	<b>Chairs:</b> <i>Georg Marckmann, Jürgen in der Schmitten</i>													
12:30	<b>ACP – Setting the agenda for the next two years,</b> <i>Sara Davison, designated Conference Convenor of the ACPEL Conference 2017 in Vancouver</i>												12:30	
12:50	<b>Farewell and Close,</b> <i>Conference Co-Chairs</i>												12:50	
13:00	<b>Snack to Go</b>												13:00	
14:00													14:00	

LMU Main building  
Level 1



Geschwister-Scholl-Platz,  
Ludwigstrasse, Leopoldstrasse  
(subway U3/U6)

LMU Main building  
Level 2



## General Information

### Conference venue

Ludwig Maximilian University (LMU) – Main Building  
Geschwister-Scholl-Platz 1, 80539 Munich

### Conference Registration Desk

Wednesday, 09 September 2015	13:00 – 20:30h
Thursday, 10 September 2015	07:30 – 19:00h
Friday, 11 September 2015	07:30 – 18:30h
Saturday, 12 September 2015	08:00 – 14:00h

### Conference Dinner

**Date:** Friday, 11 Sept. 2015 at 19:00  
**Location:** Künstlerhaus at Lenbachplatz,  
www.kuenstlerhaus-muc.de  
**Address:** Lenbachplatz 8, 80333 Munich  
(near subway station “Karlsplatz”)

**Travel:** from conference venue walking distance 1.8 km (20 min walking time) or take **U3/U6** southbound to “Odeonsplatz” and **change to U4/U5** to “Karlsplatz”

### Internet Access

SSID (Wi-Fi name): mwn-events  
 Benutzername (user name): acpel  
 Password: FrWAU.s1

### Certificate of Attendance

Participants will receive a Certificate of Attendance before departure.

### CME credits

CME points will be accredited by the Bavarian Medical Council.

## Travel information

### From Main Railway Station (Hauptbahnhof) to LMU:

**U4** (direction “Arabellapark”) or **U5** (direction “Neuperlach Süd”) to “Odeonsplatz” **then U6** (direction “Garching”) or **U3** (direction “Moosach”) exit “**Universität**”; or take **any S-Bahn** train until “Marienplatz”, **then take U3 or U6** as described above.

**Ticket:** single fare (€ 2.70) or 2 stripes on the blue stripe card (10 stripes, € 13.00).

### From Airport to LMU:

**S8** (direction “Ostbahnhof”) until Marienplatz **then U6** (direction “Garching”) or **U3** (direction “Moosach”) exit “**Universität**”.

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### Taxis/Cabs

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 Isar Funk: +49 (0)89-450 540

### Subway Planner (U-Bahn and S-Bahn)

Journey planner for public transport in Munich:  
<http://efa.mvv-muenchen.de/index.html#trip@enquiry>

### Climate and Dress Code

In September the average temperature in Munich is approx. 20°C with an overnight low of approx. 10°C.

The dress code will be informal throughout the conference.

### Telephone

The international access code for Germany is +49.

Local emergency telephone numbers are 110 for Police and 112 for Fire and Ambulance.

### More informationen

**ATM machine:** Subway station “Universität”, mid-level (Northern exit)

**Copy shops:** Copy-Oase München (Amalienstraße 59), Digital Druck Zentrum (Amalienstraße 75)

**Postal office:** Amalienstraße 2

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# Das neue Konzept des Advance Care Plannings



Michael Coors/Ralf Jox/  
Jürgen in der Schmitten (Hrsg.)

## Advance Care Planning

Von der Patientenverfügung  
zur gesundheitlichen Vorausplanung

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„Advance Care Planning“ (ACP, gesundheitliche Vorausplanung) zielt auf eine zuverlässig am vorausverfügten Patientenwillen orientierte Behandlung für den Fall, dass der Betroffene sich nicht mehr selbst äußern kann. Realisiert wird diese grundlegend neue Herangehensweise durch die Etablierung eines professionell begleiteten Kommunikationsprozesses und einen diesbezüglichen Wandel im Gesundheitssystem. Ausgehend von einer Analyse der Defizite des bisherigen Umgangs mit Patientenverfügungen erörtert eine inter-

nationale Autorengruppe die Grundlagen von ACP, wissenschaftlich evaluierte ACP-Projekte sowie politische und ethische Herausforderungen.

### Die Herausgeber

*Dr. theol. Michael Coors,*  
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*PD Dr. Ralf Jox,* Institut für Ethik, Geschichte und Theorie der Medizin, LMU München.

*Prof. Dr. Jürgen in der Schmitten,*  
MPH, Institut für Allgemeinmedizin des Universitätsklinikums Düsseldorf.

### Inhaltsübersicht

- 1 Einführung
- 2 Defizite bisheriger Vorausverfügungen
- 3 Theoretische Grundlagen von Advance Care Planning
- 4 Advance Care Planning in der internationalen Praxis
- 5 Advance Care Planning in speziellen Kontexten
- 6 Advance Care Planning: Perspektiven für Wissenschaft, klinische Praxis und Gesundheitspolitik

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